

Dr. Jenn's Fabulous Tomato Sauce

What you will need:

- 1-2 roasted red peppers
- Olive oil
- 1 onion shredded
- Garlic
- 1 large can (28 ounces) crushed tomatoes
- 1 bunch basil
- 2 tsp sugar (honey)
- Pepper
- Salt

What to do:

- Cook for 1 hour on low heat. If acidic, peel potato and let it cook for 30 minutes.
-